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FEB 23, 2025 (SUNDAY)



Conference Hall, Tezpur College TEZPUR, ASSAM



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# THE GOAL OF NECAP 2025

The overarching goal of **NECAP 2025** is to foster awareness, acceptance, and action. By bridging the gap between scientific expertise and community understanding, we hope to:

- Dispel myths and misinformation about cancer and autism.
- Promote evidence-based approaches to treatment and support.
- Create a ripple effect of awareness by engaging individuals from diverse community streams.
- Build a support network for parents of autistic children to share resources, experiences, and encouragement.

NECAP 2025 is not just a conference; it is a movement for societal change. We are committed to creating a well-informed community that can challenge misconceptions, advocate for reliable information, and support one another in addressing these critical issues.

This plenary is being organized by a team of motivated individuals, including doctors, chartered accountants, NGOs, and other significant members of society, under the aegis of Viswapragna Foundation, a not-for-profit Section 8 organization based in Tezpur, registered under the Ministry of Corporate Affairs, Government of India. It is being conducted in collaboration with Tezpur College, Darrang College, Indian Society of Medical and Paediatric Oncology (ISMPO), the official society and National Body of Medical Oncologists of India & the Indian Society of Colposcopy and Cervical Pathology (ISCCP). This is truly a meeting by the people, of the people, and for the people.



# **ABOUT NECAP**

The North East Community Awareness Plenary (NECAP) 2025 is an initiative by Viswapragna Foundation, aimed at fostering awareness and addressing critical societal issues related to Cancer and Autism. The plenary will be held on February 23, 2025, in Tezpur, Assam, and is designed to create a platform where scientific facts meet the community's curiosity, breaking myths and misconceptions for a healthier and informed society.

# ADDRESSING MYTHS AND MISCONCEPTIONS ABOUT CANCER •

Despite advancements in medical science, cancer remains a topic surrounded by myths and misconceptions. From the fear that a biopsy can spread cancer to the belief that diet alone can cure it, these unscientific notions persist. Such misinformation, often propagated by unreliable sources, leads to undue fear and delays in seeking proper treatment. It also complicates the work of scientific professionals who rely on evidence-based medicine.

NECAP 2025 aims to bridge this gap by bringing together some of the most experienced oncologists from institutions like Tata Memorial Hospital, Kidwai Memorial Institute, Apollo Chennai, AIG Hyderabad and other prestigious Institutions in India. These esteemed doctors and Scientists will directly interact with community members from various professions such as bankers, chartered accountants, police officers, teachers, lawyers, auto drivers, and vendors. This unique forum will allow participants to clarify their doubts, gain reliable knowledge, and help disseminate accurate information within their circles.

# AUTISM AWARENESS: UNDERSTANDING AND ACCEPTANCE

The second focus of NECAP 2025 is on Autism Awareness. Autism, a developmental condition often misunderstood and overlooked, leaves many parents struggling to comprehend what it entails, how to approach their child's needs, and how to adjust their lives for their child's development. The lack of clarity and support can lead to disappointment and frustration.

To address these challenges, NECAP will host a parallel session on autism. This session will include child psychiatrists, psychologists, trainers, special school faculty, and, most importantly, parents of children with autism. The aim is to dispel myths, offer practical strategies for improvement, and foster a supportive network for parents. By sharing experiences and expert insights, the session will empower families to better train and support their children while fostering acceptance within society.

HALL-A PLENARY AGENDA ONCOLOGY		
TIME TOPIC FACULTY		
9.00 AM - 9.15 AM	Inauguration	
9.15 AM - 9.30 AM	Speech by Chief Patrons	Dr. Palashmoni Saikia Dr. Manoj Kumar Hazarika
9.30 AM - 10.00 AM	Setting the Context	Dr. Venkata Pradeep Babu Koyyala
10.00 AM - 10.30 AM	Lifestyle and Cancer	Dr. Raghunadha Rao Digumarti
10.30 AM - 11.00 AM	Preventive Vaccination in Cervix and other Cancers	Dr Leela Digumarti
11.00 AM - 11.30 AM	Role of Screening, Biopsy, Scans and role of Media	Dr. Ghanashyam Biswas
11.30 AM - 12.00 PM	Indian Pharmaceutical industry, a life line for world ailments	Dr Sanjay Bandyopadhyay
12.30 PM - 2:00 PM	Buffer Time Lunch Break	
2:00 PM - 2:30 PM	Cancer recurrence, Why it happens and how to deal with it?	Dr Govind Babu K
2:30 PM - 3:00 PM	Quality of Life and Quality of Death	Dr. Sujit Kumar Mullapally
3:00 PM - 3:30 PM	Genomics for Public Health	Dr. Sridhar Sivasubbu
3:30 PM - 4:00 PM	Are we eating right Food ?	Mr. Neelam Dutta
4:00 PM - 4:30 PM	Importance of Health Insurance Q&A Session	

FLENAR	YAGENDA AUTISM	
TIME .		FACULTY
):00 - 10:15 AM	Setting the context on Autism Awareness	Dr Pavani Medisetty
):15 - 10:35 AM	Identification of Child with Autism	Dr. Naresh Kalakota
:35 - 10:55 AM	Comorbidities and Challenges in Autistic spectrum Disorder	Dr. Siddeswara BL
D:55 - 11:15 AM	Home Strategies for Parents and Caregivers	Dr. Priyadarshee Abhishek
1:15 - 11:35 AM	Taking care of own Mental health and of family members	Dr. Nikhita Bhat
:35 AM - 12PM	Developing communication with kids	Shri Manshi Sarma
2 PM - 12:15 PM	Parent's Perspective	<mark>Sh</mark> ri Monalisa Ray
2:30 PM - 2 PM	Lunch Break	
HALL -V	Supported by Digumarti Foundation	
PM - 3:30 PM	Cervical Cancer Screening Cervical Cancer Preventive Vaccination	



# **PROGRAM DIRECTORS**

# **ONCOLOGY TRACK**

## Dr. Venkata Pradeep Babu Koyyala

MBBS, MD (General Medicine), Doctorate in Medical Oncology (National Board of Examinations), MNAMS, European Certification in Medical Oncology ESMO Integrative Oncology Fellow, Toronto, Canada; UICC Fellow- cancer Genetics, Italy Director Medical Oncology, Shankara Cancer and Research Institute, Tezpur Consultant: Dorika Hospital, Tezpur; Faith Hospital, Dimapur; Heema Hospital, Itanagar **Former**: Head, Medical Oncology, Assam Cancer Care Foundation, and consultant, Rajiv Gandhi Cancer Institute and Research Centre, New Delhi Assistant Professor, Medical Oncology, Tata memorial centre, Visakhapatnam



### Setting the Context: HALL - A + 9:30 AM - 10 AM



Misconceptions related to biopsy and alienating cancer patients from their family. How can we adopt diet along with treatment

- Social stigma and psychological trauma associated with cancer
- Why cancer drugs are costly? Are we eating right food?
- Why should one have backup finances for health related issues?

# **AUTISM TRACK**

# Dr. Pavani Medisetty, MD

Anaesthesiologist Director, Shankara Cancer & Research Institute Director, Viswapragna Foundation

#### 

My own experience with Autism and what I learnt



How I identified first symptoms of Autism in my child?



How I managed myself and my career with autistic child?

How I got the help and How I want to give it back to community?





# **SCIENTIFIC AGENDA**

HALL - A CHANDRA MOHAN MEDHI CONFERENCE HALL

**ONCOLOGY TRACK** 

# SPEAKER 1 10 AM - 10:30 AM





#### Dr Raghunadharao Digumarti, Medical Oncologist

#### B.C. Roy Awardee,

Professor of Medical Oncology, MNJ Institute of Oncology Former Director, Tata Memorial Hospital, Visakhapatnam Founding Director, Medical Oncology, Nizams Institute of Medical Sciences, Hyderabad

### **TOPIC : Lifestyle and Cancer**

- What is cancer? How it is different from other diseases ?
- Why cancer incidence has increased in the recent years?
- Kids are at home and their grandfather is receiving chemotherapy, can he play with them? Is cancer contagious? Can he sleep in the same room?
- What are the facts about Sugar intake and Alkaline water? Can I Starve myself and expect cancer cells to die?
- Navjot Singh Sidhu Diet curing cancer: Myth or Misunderstood?
- Family member who doesn't smoke and drink got cancer, while others are taking too many smokes didn't get, why?
- Microwaves Plastic cups Mobile phones and cancer

Chairpersons : Office of Association of Physicians of India, Tezpur | Indian Medical Association, Tezpur

# SPEAKER 2 10:30AM - 11 AM





#### Dr Leela Digumarti, Gynecological Oncology Surgeon

President, Indian Society of Colposcopy and Cervical Pathology

### TOPIC : Preventive Vaccination in Cervix & other Cancers

- Are there any vaccinations to prevent cancer?
- Cervical vaccination: Why, When and how many doses?
- Can it be given to boys as well?
- Can men and women up to 45 years take the vaccination?
- Will there be any reactions to HPV vaccination?
- $\bigodot$  There are some videos circulating in WhatsApp, regarding infertility with HPV vaccination. How far is this true?
- Differences between imported and Indian made vaccine? Which one should we take? Are they tested adequately?
- Are the Covid and HPV vaccination similar in terms of side effects?

Chairpersons : Tezpur Obstetrics and Gynaecology Society, Tezpur; Association of Surgeons of India, Tezpur, Dr Sumita Hazarika









#### Dr Ghanashyam Biswas, Medical Oncologist

Director, Medical Oncology, Sparsh Group of Hospitals, Bhubaneswar

# **TOPIC :** Role of Screening, Biopsy and Scans ; Media role in dissemination of correct information on Newer research

- What are the screening recommendations available for cancers in general and in high risk population?
- Russian Vaccine: a cancer cure mentioned in news paper, How to receive it? Do I need to go to Russia?
- How many types of treatment available for Cancer ? How many departments are involved?
- Whom to approach when diagnosed or referred to a cancer specialist?
- What are the do's and don'ts at Diagnosis? Is doctor shopping and Hospital Hopping useful or harmful? How to select the correct place for treatment?
- Biopsy: A marvellous misconception! To do or not to do biopsy?
- If pet CT scan involves radioactivity, can the patient live with rest of family after the scan? How many CT or PET CT scans can be done safely?

Chairpersons : Dr Kitaka Sukhato Wotsa | Dr Byabang Rana | Mr Spondon Hazarika | Mr Pulak Deka

# SPEAKER 4 11:30 AM - 12 PM





#### Dr Sanjay Bandyopadhyay, PhD

Senior Vice President Zydus Research Centre, Biotechnology Zydus Lifesciences Ltd. Former Post-doctoral Researcher: University of California at San Diego PhD: Indian Institute of Chemical Biology. Kolkata

#### TOPIC : Made in India: Indian Pharmaceutical Industry, a life line for world ailments

Why cancer drugs are so costly than general drugs? What is the time taken for development of cancer drugs? Cost involved? Phases? Success rates?

What are patented drugs? Is there any cancer drug research in India? Is it difficult to manufacture cancer drugs in India? If possible, why India is not producing best drugs immediately as so many are dying from cancer? What are the contributions of Indian pharmaceutical industry to Indian society and entire world?

Opes Indian people have better access to cancer drugs than developed countries? How?

Chairpersons : Faculty, Tezpur University | NERIWALM Office bearers |Faculty, Darrang College & Tezpur College | Mr Shrikant Saha

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# **SPEAKER 5** 2 PM - 2:30 PM





#### **Dr Govind Babu K**

Former Head of Dept, Kidwai Memorial Hospital, Bangalore Consultant, Medical Oncology, HCG Cancer hospital, Bangalore Past President, Indian Society of Medical and Paediatric Oncology. Former President, SARAC Federation of Oncology. Co-chair of ESMO India Summit 2020.

# **TOPIC : Cancer recurrence, Why it happens and how to deal with it?**

- Cancer Surgery was already done, tumor was removed, why is doctor suggesting for additional chemotherapy and radiotherapy?
- Can I take alternative medications along with or instead of chemotherapy? They said it will have zero side effects
- Someone said Chemotherapy is very harmful, will the family member become extremely weak and bedridden after chemotherapy?
- Treatment is completed: Should I follow up : Why should I go to the hospital frequently? Why does cancer comes back in some people despite all the treatment? How to deal with it?

Chairpersons : Dr Suhas Navada | Dr Naresh Jadhav | Indian Society of Anaesthesiology, Tezpur Chapter | Dr Piyush Aggarwal | Dr Anil koiri

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#### Dr Sujit Kumar Mullapally, Medical Oncologist

Consultant, Medical Oncology, Apollo Chennai, American Society of Medical Oncology Leadership Program Mentee

#### **TOPIC :** The Quality of Life (Palliative treatment) and Quality of Death (Palliative care)

- The same treatment that worked for other patient with same cancer, doesn't work for another? Why ?
- Patient Completed all treatment as suggested & ovarian cancer recurred in 6 months , but other lady with breast cancer was alright for more than a year? Why cancer comes back ?
- Family member diagnosed with advanced stage Cancer and doctor is suggesting for treatment with survival for few more months. He is already weak, why should we give such a therapy? Will there be any benefit?
- I read about Immunotherapy in News paper? Will it help in curing advanced stage cancer? I also read about about Sidhu diet in twitter, should I follow it strictly and leave the treatment in stage IV? Which is true ?
- Palliative care : When should it began ?

Chairpersons : Dr Asoli Chase | Dr Jerine Liankimi | Dr Sushil Barohi | Dr Dipankar Haloi | Mr Devajeet Kalita | Mr Kamal Das

# **SPEAKER 7 3 PM - 3:30 PM**



#### Dr Sridhar Sivasubbu

Chief Diagnostics & Research Officer and Lab Director, Karkinos Healthcare Pvt Ltd, Mumbai, Former Chief Scientist, CSIR-IGIB,Delhi.

#### TOPIC : Genomics for Public Health- Know your genes and genetic risk

There has been several deaths in India and abroad post Covid epidemic, particularly in young people in Gyms, even in Fit individuals - Reasons for sudden deaths: Genetic reasons for sudden deaths

Cancers can travel through genes: How should one know the risk? How cancer therapy is advanced with genetic testing: focus on affordability and accessibility. Is it available in cities like Tezpur?

If family member is diagnosed with cancer, what is the risk of cancer in other members?

What should as a normal person, I should do prevent cancer to the extent possible? Is there any test for normal person to detect cancer at very early stage

The promise of Liquid Biopsy in cancer diagnosis and monitoring.

Chairpersons : Faculty of Tezpur University | Tezpur College | Darrang College

## **SPEAKER 8**) 3:30 PM- 4 PM



Mr Neelam Dutta Assam Vaibhav Awardee

The only Organic seed Farmer in India

#### **TOPIC :** Are we eating the Right Food?

- What is Organic food? What is the criteria? What are organic seeds? Are we eating right Food?
- What is the price we are paying for Pesticides used in farming?
- Can we make it right?

Chairperson : Dr Venkata Pradeep Babu Koyyala | CA Shekhar Aggarwal | Mr Pankaj Das | Kamal Das | Ms Anisha Bhattacharjee



**Insurance Specialist** 

**TOPIC :** Stich in time saves nine - a good health insurance will save your life and next generations property: Features to look into while selecting Health insurance policy for family

Chairperson : Dr Deepak Gupta | Mr Hanspratim Saikia | Mr Dairing Patgiri | Mr Pradip Singh Bumrah | Mr Sudipta Saha



# **SCIENTIFIC AGENDA**

HALL -B ISWAR PRASAD CHOUDHURY CONFERENCE HALL

**AUTISM TRACK** 

# SPEAKER 1 ) 10:15 AM - 10:35 AM



Dr Naresh Kalakota, **MD Psychiatry (NIMHANS)** 

#### **TOPIC :** How to Identify a child with Autism: Symptoms and Red flags of Autistic spectrum Disorder

- How to identify first symptoms of Autism?
- How to seek help and where to approach  $\boldsymbol{\mathcal{A}}$ 
  - How to train your Dragon: The Hidden world





Dr Siddeswara BL, MD Psychiatry (NIMHANS), **DM Child and Adolescent Psychiatry (NIMHANS)** Associate Professor. LGBRIMH

#### **TOPIC : Comorbidities and Challenges** in Autistic spectrum Disorder

- What parents should learn while helping and training Autistic child?
- $(\mathcal{X})$ What you should expect and what not to during training of child?
  - How to assess improvement after therapies over time?







Dr Priyadarshee Abhishek, MA Psychology, M. Phil and PhD in Clinical Psychology, CIP Ranchi Assistant Professor, Dept of Clinical Psychology, LGBRIMH, Tezpur

**TOPIC : Home Strategies for Parents** and Caregivers

How to manage special child at home

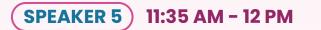


### SPEAKER 4) 11:15 AM - 11:35 AM



**TOPIC :** How to take care of your mental health and of family members while taking care of yourself

Dr Nikhita Bhat, MBBS MD Psychiatry, Senior Resident, LGBRIMH, Tezpur





**TOPIC : Developing Communication with kids** 

Shri Manshi Sarma, Speech Therapist Bachelors and Masters in Audiology and Speech Language Pathology (AYJNISHD, Kolkata). HOD , Dept of Audiology and Speech Language Pathology, Pratiksha hospital, Guwahati







**TOPIC :** Parent's Perspective

Shri Monalisa Ray, PhD in Biotechnology Mother of a Child with Autism, Social Contributor







Dr. Palashmoni Saikia Principal, Darrang College



Dr. Manoj Kumar Hazarika Principal, Tezpur College





Swapan Kumar Dutta **IRS** Retired



Mr. Spondon Hazarika CEO, Dorika Hospital, Tezpur



Dr. Deepak Kr. Gupta RM, State Bank of India



Dr. Uday Praveen, IAS Additional Secretary, Industries Commerce & PE, Govt. of Assam



Dr. Pradeep Lahkar Honorary Chief Medical Advisor, Nemcare Hospital, Tezpur & Orthocare Hospital, Tezpur



Rtn. Ritesh Misruf Social Contributor



Dr. Sonali Ghosh, IFS Director, Kaziranga National Park



Dr. Monalisha Boruah Dean, Dimension Academy, Tezpur



Rtn. Sunil Saraf Managing Director, KRC Group



Mr Pankaj Bora, ACS

Additional District

Commissioner, Jorhat

Mr. Bhrigu Borthakur

President,

Care U 365 NGO

Rtn. Karuna Surekha Social Contributor



Sr. Anaesthesiologist, LGBRIMH, Tezpur



Mr. Nathmal Tibrewala Social Activist



Mr Bhairab Baruah Lead, Tata Semiconductor Assembly and Test



Dr. Anil Koiri





## **ADVISORY COMMITTEE**



Nirmala Pradhan District Public Health Nursing Officer



Dr. Bidvut Rov Physician

Sajid Khan

Social Entrepreneur

Adv Nilakshva Sarma

Advocate, Tezpur Bar Association



Dr Ponnam Surya Prakash Assistant Professor, Dept of MBBT, School of Sciences, Tezpur University



Dr. Bidyut Bora Physician

Sourajit Dutta Roy

MD, B.K Hospital Partner, HOPE

Dr Naresh Jadhav Consultant Medical Oncology, Narayana Health, Guwahati



Manoj Kr. Basumatary Assam Gaurav, Social Entreprene cEO & Co-Founder, Symbiotic Foods Pvt Ltd.



Sourav Bothra Social Entrepreneur

Dr. Madhurima Goswami Head & Associate Professor, Chandraprabha Saikiani Centre for Women Studies, Tezpur University

Dr. Bibhu Priyo Das Associate Prof. of Surgery Tezpur Medical College

eur.



MD Radiation Oncology, Tezpur Cancer Center





Dr. Ashis K Babu Dr. Aby K Babu MDS, Fellow, Surgical Oncology (Head and Neck) MDS, Endodontist

Monjit Bora

Assam Valley School,

Cancer Care Giver



Prof Nashreen S Islam Dr. Suren Gogoi Senior Gynaecologist



Rtn Harinder Singh Jassal Mr. Devajeet Kalita COO, Shankara Cancer and Research Institute Social Contributor



Dr Piyush Aggarwala MD General Medicine



Adv Abhijit Kar Advocate, Tezpur Bar Association



Manisha Datta Roy Asst. MD, B.K Hospital Partner, HOPE



Special Educator, Assam Valley School



WOMEN'S WING

Mrs. Anubha Das Rava Social Contributor



Dr Tultul Mukheriee Senior Gynaecologist



Runumi Sarmah Assamese Poet, Writer, Cancer Warrior



Chaird

**Rita Singh** hairperson of Purvottar Hindi Sahitya Academy, Tezpur

Dr. Pavani Medisetty

Anesthesiologist, Director Viswapragna foundation

Richa Tibriwal

Social Activist

Binoo Bhuyan

eep

Member of Ashal



Dr Sumita Hazarika, Senior Gynaecologist, Director, Dorika Hospital



Rinki Bora Roy Social Activist



Sister Alphonsa Sacred Heart School for



Sangeetha Vijay Kumar Teacher & Educator



Indrani Tamuli Social Activist, Cultural Costume Designer, Odissi Dancer



Deepsikha Saikia Cancer Warrior



Dr. Gitanjali Ghosh sociate Professor, Dept. of Law, Tezpur University As



Dr Manika D Kataki HOD, Dept of Biotechnology Darrang College, Tezpur





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Sayamoni Kar Teacher, Small Steps Preschool



Ipsita Sharma Director of Sahayika school for Special Kids, Tezpur



Pushpa Golchha National Secretary of Akhil Bhartiya Marwari Mahila Sanmellan for the year 2018-20



www.viswapragnafoundation.org



Rumi Aich

Trishna Medhi

PGT English, Tezpur Gurukul , Cancer warrior



Special kids



Oly Bhuyan Social Contributor



Professor, Department o Chemical Sciences, TU





#### **Scientific Program Queries**

Dr. Venkata Pradeep Babu K, Director of Viswapragna Foundation (Oncology Track)
8297761776
Dr. Pavani Medisetty, Director of Viswapragna Foundation (Autism Track)
9491331776

#### **Conference Program and Registration Queries**

CA Shekhar Agarwal, Organizing Secretary & 8638281007 Mr. Pankaj Das, Organizing Secretary & 8638911851 Mr. Devajeet Kalita, Executive Secretary & 9856027174 Mr. Kamal Das, Executive Secretary & 8876156121 Mr. Shrikant Saha, Executive Secretary & 8339061586 Ms. Anisha Bhattacharya, Executive Secretary & 8638350041

Ms. Neetu Kakoti, Event Management Head Mr. Manas Borah, Event Management Head Ms. Munmi Borah, Head Co-ordinator Mr. Gaurav Saha, Head Co-ordinator Mr. Shahbaz Nur Alam, Head Co-ordinator Ms. Ganga Rani Laishram, Head Co-ordinator Mr. Bishnu Nath, Head Co-ordinator Mr. Ashok Singh, Head Co-ordinator Mr. Ashok Singh, Head Co-ordinator Mr. Izazul Islam, Co-ordinator Mr. Izazul Islam, Co-ordinator Himashree Devi, Co-ordinator Swapna Devi, Co-ordinator Rupanjali Saikia, Co-ordinator Lipika Devi, Co-ordinator Hitesh Kalita, Co-ordinator Bhairab Jyoti Bhuyan, Head Co-ordinator Nirupam Paul, Co-ordinator Ananya Bhattacharya, Co-ordinator Tinku Gogoi, Co-ordinator Meenakshi Saha, Co-ordinator Siddharth Ghosh, Co-ordinator Srijan Saha, Co-ordinator Sumanta Das, Co-ordinator Sandipan Das, Co-ordinator Akhtar Hussain, Co-ordinator Chandan Prasad, Co-ordinator Vikky Tibriwal, Co-ordinator Praveen Singh, Co-ordinator Chetan Agarwal, Co-ordinator Prateek Pandey, Co-ordinator



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